

# 1st of the Month - Abundance

MONEY PRACTICES TO OPEN YOUR ABUNDANCE MAGIC - THE FIRST OF THE MONTH IS ONE OF THE MOST ACCESSIBLE AND POTENT TIMES FOR ABUNDANCE WORK. IT IS A THRESHOLD. AND THRESHOLDS, IF YOU KNOW HOW TO USE THEM, ARE WHERE MAGIC LIVES.

## Checklist

- **Morning:** Speak your intention before your phone. Place three coins at the threshold. Open a window.
- **Clearing:** Salt and lemon wipe-down of the front door. Sound clearing through the home.
- **Altar:** Refresh or build your abundance altar. Light a green candle with your specific intention.
- **Money:** Do the wallet ritual. Write your financial intention for the month in your journal.
- **First words:** Say rabbit, rabbit before anything else (if you can remember – and soon you will).
- **Giving:** Offer something to someone or something outside yourself.
- **Evening:** Note three things that came in today. Close with gratitude.

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## The Wallet Ritual

Empty your wallet completely. Clean it – literally wipe it out if it's leather, shake out the crumbs and receipts if it needs it. Then return your money and cards deliberately, organizing as you go. As you return each item, acknowledge it: this card represents my financial tools, these bills represent money that moves through my hands, this space is for receiving.

A wallet that is treated with intention and care is a vessel – and a well-tended vessel attracts what it's meant to hold. A chaotic, neglected wallet suggests, energetically, that money is not particularly honored or welcomed.

Some practitioners add a small bay leaf to their wallet on the first of the month with a specific intention written on it in pencil. Bay leaves are traditional wish-carriers, and one tucked quietly behind your cards works as a month-long prosperity charm.

### **Write Your Financial Intention for the Month**

In your journal, write down what you are calling in financially this month. Not vaguely – specifically. A number, an opportunity, a change in how money flows to you. Write it in the present tense, as if it is already happening: Money comes to me easily and from multiple directions this month. I receive more than enough.

Then write why. Not why you need it – why you are ready for it. What you will do with it. How it fits into the life you are building. The why anchors the intention. It moves it from wish to commitment.