Common Magical Tools

Candle: Focus, intention, fire element

Crystal: Energy work, grounding, healing

Herbs: Cleansing, spells, incense

Salt: Protection, purification

Water Bowl: Balance, emotions, offerings

Wand/Athame: Energy direction, ritual focus

Pendulum: Yes/No divination, energy check

Cauldron: Transformation, burning, brewing

Cleanse & Charge Basics

Cleansing Options:

- Smoke (incense/herb)
- Sound (chime/clap)
- Salt or moonlight
- Visualize white light

Charging Steps:

- 1. Hold the tool
- 2. Focus your purpose
- 3. Say aloud: "I charge this [tool] for [intention]."

Energy Practice (Try This)

Rub hands together

Hold them apart slightly

Bonus Printable Page: Altar Setup + Spell Journal

My Altar Setup	
Location or Container:	
Purpose or Intention:	
Items Included & Why:	
Elemental Representation (optional): - Earth:	
- Air:	
- Fire:	
- Water:	
Spell or Ritual Notes	
Date:	
Moon Phase / Season (optional):	
Tools Used:	
Intention or Goal:	

What I Did:	
How I Felt:	
Results / Reflections:	